GOVERNMENT OF INDIA
AYURVEDA,YOGA & NATUROPATHY,UNANI,SIDDHA AND HOMEOPATHY (AYUSH)
LOK SABHA

UNSTARRED QUESTION NO:1004
ANSWERED ON:21.07.2017
Common Yoga Protocol
Joshi Shri Pralhad Venkatesh

Will the Minister of AYURVEDA,YOGA & NATUROPATHY,UNANI,SIDDHA AND HOMEOPATHY (AYUSH) be pleased to state:

Will the Minister of AYURVEDA, YOGA AND NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY (AYUSH) be pleased to state:

(a) whether the Government has issued Common Yoga Protocol Manual; and

(b) if so, the details and purpose thereof?

Answer

ANSWER
THE MINISTER OF STATE (IC) OF THE MINISTRY OF AYURVEDA,
YOGA & NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY
(SHRI SHRIPAD YESSO NAIK)
(a): Yes.
(b): The Common Yoga protocol (CYP) and the booklet was prepared by the Ministry through a consultative process involving Yoga experts and Heads of leading Yoga Institutes. It was published in 2015 and subsequently revised in 2016 & 2017 with certain modifications suggested by the committee.

The purpose of bringing out the Booklet (CYP) is to provide knowledge about the best available and commonly used Yoga practices for health promotion of general public across the globe.
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